



Palmetto Kenpo Karate Self-Defense Weekly Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed					Closed	Closed
Closed					Closed	Closed
Closed	5:30pm – 6:15pm Tigers & Dragons	5:30pm – 6:15pm Jr. W, Y, O	5:30pm – 6:15pm Tigers & Dragons	5:30pm – 6:15pm Tigers & Dragons	Closed	Closed
Closed	6:15pm – 7pm Juniors – All Levels	6:15pm – 6:45pm Jr. Sparring	6:15pm – 7:15pm Adults	6:15pm – 7pm Jr. W, Y, O	Closed	Closed
Closed	7pm – 8pm Adults	6:45pm – 7:30pm Jr. P, B, G, Br	7:15pm – 7:45pm Adult Sparring	7pm – 7:45pm Jr. P, B, G, Br	Closed	Closed
Closed	Closed	Closed	Closed	7:45pm – 8:45pm Adults	Closed	Closed
Closed	Closed	Closed	Closed	Closed	Closed	Closed

W = White
Y = Yellow
O = Orange
P = Purple
B = Blue
G = Green
Br = Brown
Bl = Black

Tigers & Dragons 5yrs – 6yrs
Jr. Kids 7yrs – 13yrs
Adults 14yrs & up